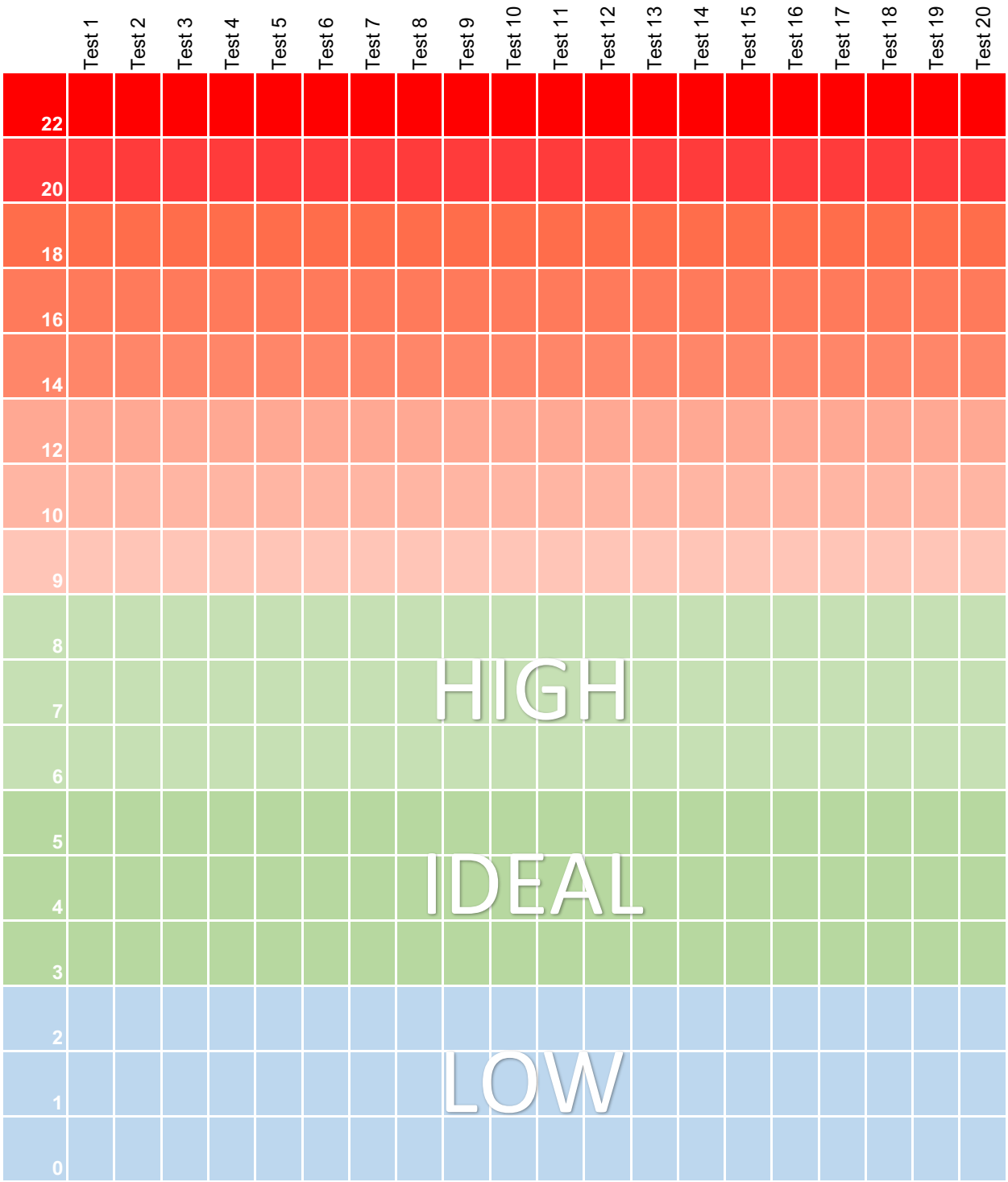BLOOD GLUCOSE CHART