



# Fresh meals

Currently only available for Simeon B

Product Name	Ingredients	Price	Quantity
Fruit, Egg & Mixed Salad with Cracker Bread	Apple or Orange, Eggs and salad (incl salad dressing, salt and pepper) with Cracker bread	R 50.50	
Fruit , Meatballs with Veg	Strawberries or Sweet melon or Watermelon or Paw Paw or Naartjie or Orange, Meatballs, Vegetable Crudités (Cucumber, Tomato, Celery) (incl salt and pepper)	R 67.50	
Fruit, Tzatsiki & Veg	Apple, Tzatziki and Vegetable Crudités (Tomato, Celery, Broccoli) (incl salt and pepper)	R 54.50	
Fruit, Biltong and Mixed Salad with Cracker Bread	Naartjie or Orange or Sweet melon or Strawberries or Watermelon, Biltong, salad & cracker bread (incl salad dressing, salt and pepper)	R 62.50	
Fruit , Herb Cottage Cheese with Veg	Apple, Fat Free Herb Cottage Cheese and Vegetable Crudités (Cocktail tomato, Broccoli, Cucumber, Celery) (incl salt and pepper)	R 60.50	
Fruit, Smokey Tomato Chicken with Mixed Salad and Provitas	Nectarine or Naartjie or Orange or Sweet melon or Strawberries or Watermelon, Smokey tomato chicken strips, Salad & Provitas (incl salad dressing, salt and pepper)	R 55.50	

Name

Surname

Contact number

E-mail address

Delivery address

\*Prices exclude VAT and delivery costs. Delivery cost to be quoted on meal order\*  
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